

REAL SIMPLE

LIFE MADE EASIER



Freshen Up Your Home

**CLEAN ANY ROOM
IN LESS TIME**



**Easy Exercise That Works
Spreading Kindness in a Rude World
Healthy-Enough Summer Treats**



\$5.99US \$6.99CAN
realsimple.com



AUGUST 2017

EVERYTHING OUR EDITORS ARE BUZZING ABOUT THIS MONTH

what we love



Clear Eyes

If you're the type who scratches your lenses on a regular basis, this brand of sunglasses is for you. Order replacement lenses (for just \$5), pop out the old ones, and repair your sunnies in a cinch—no tools required. In 14 styles.

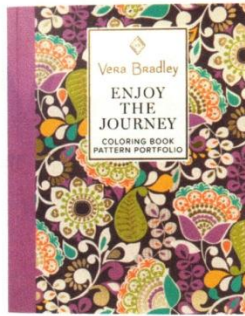
TO BUY: From \$48; sunki.com.

WRITTEN BY STEPHANIE SISCO — PHOTOGRAPH BY ALICE GAO

AUGUST 2017

VERA BRADLEY COLORING BOOKS

This fall, the beloved luggage brand will launch a pair of coloring books featuring outlines of its iconic patterns. Bonus: The books include gift tags and color-in note cards to share. **TO BUY:** \$15 each; amazon.com.

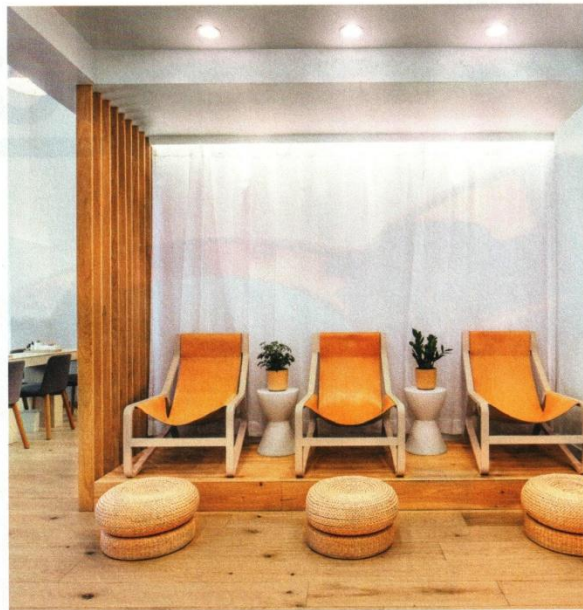


TOTAL SOLAR ECLIPSE

ON AUGUST 21, CITIES ALONG A PATH FROM OREGON TO SOUTH CAROLINA WILL WITNESS A TOTAL ECLIPSE—THE FIRST ONE IN THE U.S. SINCE 1979. EVERYBODY ELSE CAN CATCH A PARTIAL ECLIPSE. VISIT ECLIPSE2017.NASA.GOV FOR INFO AND SAFETY TIPS.

AN ODE TO THE CUKE

REAL SIMPLE'S FOOD DIRECTOR, DAWN PERRY, WORKED WITH SHORT STACK TO PUT TOGETHER *CUCUMBERS*, A COOK-BOOK FEATURING 24 RECIPES, FROM PICKLES AND BEVERAGES TO SIDE DISHES AND SWEETS. FIND THIS AND OTHER SINGLE-SUBJECT RECIPE BOOKS FOR \$14 EACH AT SHORTSTACKEDITIONS.COM.



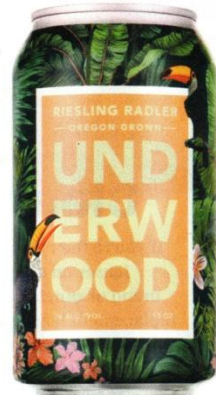
MEDITATION MANICURES

Try the latest trend in self-care: Sundays, a wellness-focused nail salon in New York City, is offering headphones to clients so they can listen to a guided meditation during their treatment. For a DIY version, download the Inscape app to relax at your local nail salon (or anywhere else you want to chill). **TO BUY:** \$13 per month; itunes.com.



YOobi SCHOOL SUPPLIES

On average, teachers spend nearly \$500 of their own money each year on essential supplies for their classrooms. Through a buy one, give one program, Yoobi hopes to ease their burden. Check out all the quirky offerings at yoobi.com.



UNDERWOOD RIESLING RADLER

Is it wine? Is it beer? Is it a refreshing summertime shandy? Yes to all! A traditional radler is a 50-50 mix of beer and citrus soda—and the latest version from the winemaker adds Riesling for a surprising low-alcohol mash-up. **TO BUY:** \$24 for 4; unionwinecompany.com.